

Summer 2026 Schedule of Classes

Upper Division elective courses

HONR 3700 - H81 (CRN#32174) Honors College Topics: *Apartheid in South Africa and Beyond*

Monday and Tuesday 2:30 pm - 4:23 pm

Thursday and Friday 2:30 pm - 4:22 pm

First half term (Summer I) / On-line Synchronous

Tatiana Height

This course is an exploration of how institutional forms of segregation impacts Black people in various contexts. As a part of this course, students will examine the now outlawed system of institutional racial segregation in South Africa, known as apartheid, through films, historical research, and the memoirs and narratives of the people who lived it. We will then examine and discuss books, documentaries, articles, videos, and podcasts detailing apartheid-like phenomena that occur in the realms of medicine, food, and educational systems in the United States. Students should expect to lead and engage in rigorous discussions of assigned materials.

Prerequisite: CTCM 2530

Restrictions: Junior and higher

Must be enrolled in Honors (AAHP, BHP, UHP, or departmental) OR be a Levine Scholar; OR have permission of the Honors College. To obtain permission please contact Colette Chenault at cchenaul@charlotte.edu.

HONR 3700 - H82 (CRN#30935) Honors College Topics: *The Pursuit of Happiness for Health: From Theory to Practice*

Tuesday, Wednesday, and Thursday 5:30 pm - 8:00 pm

Second half term (Summer II) / On-line Synchronous

Alicia Dahl

This honors-level course examines the science and practice of happiness as a foundation for healthier individuals and communities. Through an interdisciplinary lens—drawing from public health, psychology, philosophy, and the arts—students will explore how happiness influences physical, mental, emotional, and social well-being across local and global populations. In an era marked by global uncertainty and stress, understanding the factors that contribute to happiness is essential for fostering resilience and improving quality of life. Students will engage in evidence-based inquiry, experiential learning, and creative reflection to analyze global perspectives, evaluate interventions, and design strategies for promoting well-being at both personal and community levels. Self-directed exploration activities and meaningful intellectual collaborations will challenge students to synthesize research, apply theoretical frameworks, and critically examine ethical and cultural dimensions of happiness. By the end of the course, students will be equipped to use the science of happiness to address real-world public health challenges and to lead initiatives that foster holistic well-being.

Prerequisite: CTCM 2530

Restrictions: Junior and higher

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